

First Party Packing List

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Essentials

- ☐ ID, card/cash, venue membership (if required)
- ☐ Phone (charged) • silent mode
- ☐ Condom/barrier method of choice + lube (travel size)
- ☐ Breath strips or mints
- ☐ Mini deodorant / blotting papers / wipes
- ☐ Lip balm
- ☐ Hair tie/clip
- ☐ Meds you need (labeled)

Outfit extras

- ☐ Confidence layer (robe/shrug/jacket)
- ☐ Spare underwear / stockings / pasties
- ☐ Fashion tape or body adhesive
- ☐ Gel insoles / band-aids for heels

Comfort & exit

- ☐ Water bottle for the car
- ☐ Light snack for the ride home
- ☐ Backup flats (if heels)
- ☐ Small tote for “after” items